

AES, Ascentia Treatment for Installations, Upgrades, Activations and Developments within the Energy Field

www.ascensionenergysystem.com

Introduction

To be candid, these treatments may not do much good without going through the previous treatments in the designated order. Often the treatments need repeating as well. We have been doing clearing with the AES, Part I, Treatment Series and integrating the AES energies, so these treatment are effective for Mary and I.

It may be necessary to do several of these individual treatments. About 45 minutes is what I can comfortably handle at some of these vibrational levels; often not that long. All the work being done by the AES Guides and specialized light being healers in this treatment can take hours; several treatments may be needed.

There is an acronym called KISS: Keep it Simple Sweetheart. We try to follow this rule when writing, but it doesn't always seem that this is the result. Really now, this title is rather long, but it is descriptive.

Many times, it takes rereading this information over again to understand it fully. There is no hurry to rush through these treatments. Often it is good to take a break for a couple of weeks and let the energetic shifts integrate.

It is heartwarming, and for me relieving, that Mary and I have been completing our agreements concerning the AES. What I mean is that there is a purpose behind all of this, not only to transmit this information, but to meet certain agreements we have accepted prior to this lifetime. I suspect that others have agreements made when coming into this lifetime, which can be helped along with the AES system.

This treatment is written for all spiritual paths and backgrounds. It appears to me that we do not all have the same energy field configuration. Perhaps some components of the energy field between people are very similar. But we come from different locations, belief systems, etc... into this time and space. I don't assume we all have the same energy field construction; so we won't go into a lot of details concerning how various people describe the energy field. Remember, KISS.

This treatment is a leap of faith into the unknown. It takes courage, dedication and will. It is amazing what can happen when we ask higher beings for help. Plus, this is a simple treatment which can be life changing. This is one of the most powerful / simple treatments I have experienced.

Being involved in treating another person with this Ascentia Treatment can be incredibly rewarding for you as well as the person lying on the massage table. As we evolve it helps everyone.

Ascentia Treatment

This is a transitional period for planet Earth, and the life forms here. The next set of paragraphs covers the heart of what this transitional treatment is designed to do. The prayer or statement below is a suggested reading prior to the treatment. To respect boundaries, a person needs to be aware of, and agree, to these potential changes. Intent and dedication go a long way.

This is a suggested prayer format to be used verbally. "I call for this room to filled with Love and Light and only Love and Light. I call for only the highest good for all to manifest during this treatment. I Call on Metatron and the AES Guides to oversee this treatment." (Try calling on the guides, higher selves, members of spiritual families of everyone present. Try calling on any Ascended Masters, Archangels, or higher beings you feel comfortable with.)

"Name of person, do you have the desire for your energy field to evolve beyond its current boundaries?" (Wait for a verbal answer.)

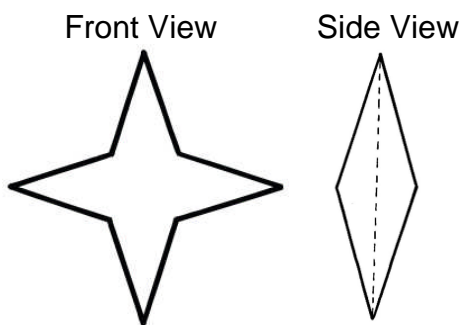
"AES Guides and specialized light being healers, we give our gratitude and dedication. We ask that name of person, energy field be modified appropriately with any installations, upgrades, activations, and developments."

"These energy field alterations include any chakras or energy centers, the Antahkarana, the heart torus, the DNA, the endocrine system, the meridians, the light body or Merkabah, and any and all components of the energy field.

"We ask that the modifications of this life stream include any and all aspects of name of person, all bodies, within all dimensions, and including all lifetimes. We give our gratitude to the AES Energies and AES Team."

There is no need to be exact here; something close will be fine. Try covering all these points though.

Notice how the Ascentia symbol is three dimensional. Visualizing the symbol in three dimensions results in a much more powerful energy.



Go with Focus at the root chakra, the knees, the feet, and then the Earth chakra to begin. The Earth energies may come up to help with this grounding.

In many ways this is such an easy treatment to participate in. Just stand back and hold the Ascentia energy. I visualize the Ascentia symbol internally, on all four walls, ceiling and floor. I visualize Ascentia around the person lying on the massage table as well as myself.

I usually stand three to 5 feet away and beam the Ascentia energy by visualizing the symbol around the person receiving the treatment. When I am directed to do something specific I will.

Often the energy gets too strong and I need a stool to sit on so I won't fall down. At times I am directed to go to the head area.

You know we are not the one's doing the work? Our job is to just set the intent and hold the energy. There is no doubt in my mind I have very little idea of what is happening. But we play an important role none the less.

My suggestion is to not finish with Focus unless the person you are treating has to leave. It is good to just lie on the table a while if that is desired.

Additional Information

There are a couple of additional statements, suggestions, and observations here. Participating in this treatment as the one receiving the treatment or holding the energy can be very powerful.

Several treatments may be necessary. Also a person can self-treat. This treatment can be done over a distance.

If a person goes too fast with these AES treatments it can be detrimental. Please, pace yourself.

Some people see the AES symbols at the center of the body and not the heart as is written in these papers.

There is some writing pertaining to the light body or Merkabah dimensions. In the past and present many people have an 8 pointed light body. We are seeing 12, 16, 20, 24, and 36 point light bodies in working with the AES. The next level appears to be spherical in nature; this may be the highest development presently available for humans. In my opinion anything 24 pointed and over are for specialized practices.

Please keep in mind the light body dimensions or geometry is the information we are receiving. This is a controversial subject.

In my opinion, it is not important to know the geometric structure or rotational patterns for these light bodies to be effective. The Ascentia Treatment was originally written with upgrading the light body for inter-dimensional travel.

After realizing that the Ascentia Treatment was so powerful and how little we really know, the decision was made to make this treatment all inclusive as far as the energetic field individuals.

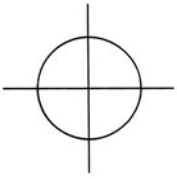
AES II is another level higher. A person really needs to become as clear as they can and upgrade the energy field components so they can move forward.

Once again, take it slow. This whole AES is written for people to go one step at a time. Also, Mary and I wonder if some of these experiences we have are just our job and not for everyone who integrates these energies. At the same time, others may be playing a role which is their specific task with AES.

One more thing I would like to communicate please. Sometimes I question my sanity. The AES Guides and higher beings reassure me. Personally, I believe these writings are a major reason I was assigned to this incarnation by Metatron. Djwal Khul has watched over me; my gratitude and love go out to him as well as the rest of my spiritual family.

Ascentia Treatment Diagram

Focus, Visualize on the Following Chakras / Energy Centers



root chakra

knees

feet

Earth chakra

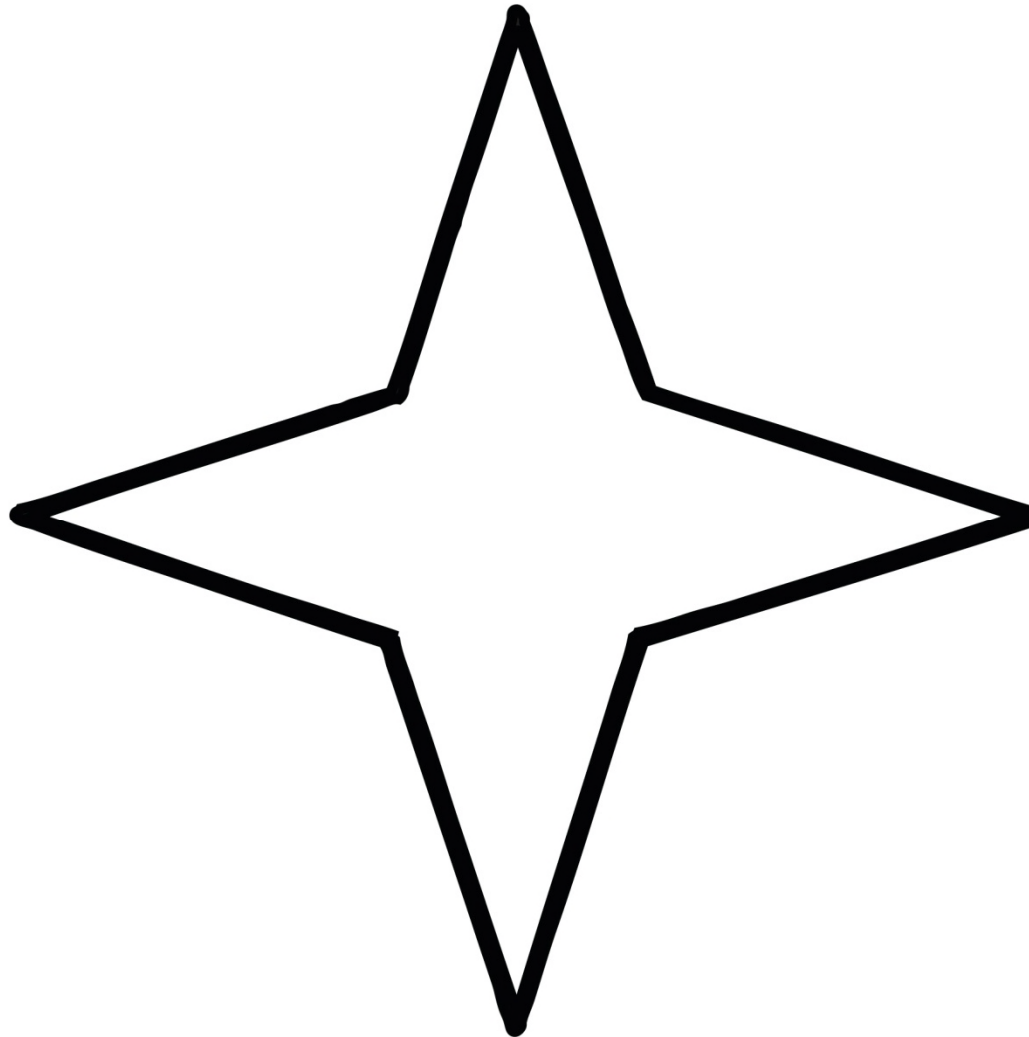
Ascentia, Step Back a Few Feet, Visualize Centered at the Heart When Working with Another, or Hands Over Heart When Self Treating, Channel the Energy



Ascentia, Sitting at Top of Head When Working with Another, or Hands on Back of Head When Self Treating, Channel the Energy



Ascentia



Heart Torus

