

AES, Heart of God Treatment for Clearing Detrimental, Impacted Energies, etc...

Introduction

The best time to use this treatment is after going through the AES, Part I, Treatment Series. It may be that more than one of these treatments is necessary for the desired results.

Mary feels this is higher frequency energy and should definitely be a follow up to the AES, Part I, Treatment Series. Also, there needs to be a conscious decision made, by asking your higher self, before proceeding with this treatment.

Let's keep in mind what the AES is all about: assisting in the ascension process of planet Earth, and assisting anyone choosing to use the AES to help with their own ascension. As we ascend, this also benefits all beings throughout the multi-universal system.

Have you noticed that AES energies work over distances? For instance, I can be in the Southeastern US and work with a person in British Columbia, Canada. If you are inclined to try this, you may find it beneficial. Consider asking for permission first though, even if you are asking the higher self of another and not speaking with them verbally. Receiving another's permission, in my opinion, is the appropriate way to proceed.

In working with the AES, Part I, symbols / energies, there were times when these AES energies were not effective enough in clearing detrimental, impacted energies. How does one describe this? I use the term detrimental, impacted energies for the lack of another term. Sometimes this may appear as a metal plate over the heart area, or some other anomaly over, around, or in the physical body. Different people see with the third eye differently.

So what happened is that the AES Guides told me that Heart of God (an AES, Part II, symbol / energy) would have expanded uses. The expanded uses would include helping to remove these old, hard to remove energies not of the highest good. These energies are the detrimental, impacted energies that can keep one from taking the next step spiritually, or experiencing more satisfaction and happiness with life.

At the same time, a person has to want to let go of these old energies such as thought forms or emotions not of the highest good. Try asking the person during the treatment if they are ready to release any old energies not of the highest good for their spiritual evolution. These are just my words; try phrasing this question in your own words. I usually will ask the person's higher self, subconscious and / or physical body telepathically, or just ask verbally before starting a treatment.

Whenever metaphysical techniques are employed or experienced, it is so important to use discernment. Many questions come up concerning validity, purpose, integrity, character of the person or people downloading and writing the information. It may be that most of us have a filter which at times distorts perceptions of what we are being told from the higher realms. My suggestion is to follow your heart.

In working at this level a verbal prayer requesting the presence of love and light and only love and light is important. Also, in my opinion, asking for the highest good of all to manifest is important. Try calling in the various aspects of yourself and the person receiving the treatment, the personal guides of everyone involved, the AES Guides, and Metatron. Also, try calling in the light beings assigned to, or choosing to, help with the healing / spiritual development. I always ask for the AES Guides' presence and influence when working with others. There are specialized light beings who assist with the healings and spiritual development as well.

Heart of God has several functions as it is used in this treatment:

- * One function is to break up and neutralize impacted, detrimental energies throughout the energy field, from different dimensions, from different lifetimes, from different aspects of ourselves
- * Heart of God can help to open the heart to a greater extent, to strengthen the heart / mind connection as well
- * It helps to strengthen communication with Guides, including the AES Guides, our own spiritual hierarchy, spiritual family, and various aspects of ourselves and others (higher self, subconscious mind, physical body, etc...)
- * Visualizing the Heart of God symbol at the heart can help develop the heart torus; upgrades and activations of the heart torus are an integral part of this treatment as well as the next treatment

In AES, Part II, the Heart of God energy plays a further role. A lot of this information has not been downloaded consciously. As Mary and I develop, the information it will be communicated to us. A lot of the questions and upgrades I ask for, I am told to wait, stay on the path, and be patient.

The drawing of the Heart of God is two dimensional. The actual Heart of God symbol is three dimensional. The center is a disc with rounded edges. The twelve arms are round, in three segments, varying in shape. Notice the three gold rings. The main color is violet such as the violet transmuting flame.

As discussed, one point of this treatment is to help clear the energy field of whatever detrimental, impacted energies are holding a person's spiritual growth back. Another goal of this treatment is to place emphasis on the development of the heart torus. Intent is very important.

When working with the AES Guides it is best to be specific. Gratitude and humbleness go a long way. In my opinion, a big thank you is important after a treatment.

It is life changing when a higher being enters my body and starts showing me how to proceed in a treatment. Often I am just holding the energy. After working consistently over a period of time a person can begin "hearing" or "seeing" the light beings or angelic beings leading the treatment.

The next treatment to be written is "AES, Ascentia Treatment for Installations, Upgrades, Activations, and Developments within the Energy Field". These installations, upgrades, activations, and development include the light body, the energy centers, the endocrine system, the DNA, the heart torus and any other appropriate facet of a person's energy field.

These installations, upgrades, activations, and developments are performed by the AES Guides, other light beings, and higher aspects of ourselves in general. These actions are beyond the scope of human consciousness in my opinion, so I don't even try to understand them in depth. To carry this point further, is it really necessary to know the intricate details of these upgrades? Personally, I feel it is about holding the energy and being open to guidance and learning.

As Mary, myself, and everyone use these energies, the AES energies becomes stronger. The morphic field of these AES energies continues to develop and grow.

This is the first time the heart torus has come into discussion in the AES writings. Perhaps the heart torus becomes the major energy center superseding the chakras at a certain point in spiritual development. It appears this may be the case with the Ascension Energy System. The heart torus can also be a gateway into the quantum field.

At the center of the heart torus is zero point energy (also called the vacuum or the quantum field), a part of the holographic universe - the Oneness of all, the Mind of God. This paragraph, as well as the next, are here to plant a seed.

Visualization of the heart torus for me is like opening the door into the quantum field. This is my anchor or key to shift into the field. It is also my connection to the quantum field, the multi-universal Oneness or the Mind of God.

Connecting with the quantum field helps to allow the downloading of light packets of information into the person receiving the treatment as well as the person helping to channel the treatment. More and more during treatments, I am led to be a conduit from the quantum field for information going to the person receiving a treatment. I don't know what constructs are being collapsed or created; but I don't need to know. The room is full of love and light, and for me, trust.

You see, we are working with potentially high level energies during this treatment. The same will apply to the following treatments yet to be written. In many ways, this treatment is a turning point into higher vibrational frequencies within the AES system.

Merging with the quantum field is so important for traveling to planetary, solar, galactic, universal, or multi-universal level Cities of Light (a Ronna Herman term). Consider interacting with light beings on the multi-universal level. This is a paradigm shifter wouldn't you say?

Once again let me reference Ronna Herman as one of the people discussing the Cities of Light. Joshua Stone addressed travelling to higher dimensions in his books with a focus on ascension chambers, etc... These two people have influenced me and continue to do so. I have bonded to Ascended Masters Djwal Kuhl and Quan Yin as well.

The reason to travel to these locations is to interact with more advanced beings who want to help us. This is another reason the upgrades in the next treatment to be written, using Ascentia, are so important. These upgrades may help a person travel to higher dimensions. Often this occurs as we sleep. As I develop spiritually this occurs consciously to a larger extent. This is one reason the light body upgrade is so important in the Ascentia Treatment.

As a person visits the Cities of Light, access to libraries, healing centers, ascension chambers, initiations, classes, and meetings can occur. Presently, the AES system will allow a person to travel to the twelfth dimension.

The occurrence of the heart torus becoming a dominant energy center, along with the Antahkarana, is a large step up the evolutionary ladder. The chakras may become less dominant. As a person grows spiritually, some energetic facets become more dominant; some energetic facets less dominant.

If a person asks ten people what makes up the "energy field", I suspect there would be 10 different answers. I question, as humans, if we know very much. It is difficult to know what completely composes the "energy field" phenomenon. This is just my personal opinion and doesn't mean it is correct.

Perhaps we could discuss the Heart of God treatment. What we will do is offer a description and then a one page outline of the procedure. Take as much time as needed for each step of the procedure. Multiple treatments are beneficial. I would suggest coming back to this treatment after going through AES, Part II, as well; this hasn't been written yet. The information has come through to some extent.

As a reminder, start with a prayer to cleanse the room and bring in the AES Guides, etc... Keep in mind, most of what we do consciously is to hold the energy so the angelic realm and light beings can do the work.

Intent is everything: establish the intent to use Heart of God to clear the person's energy field. And then the intent includes strengthening the heart mind connection followed by holding the Heart of God energy over the person's heart area for upgrading and activating the heart torus.

Often I ask for a treatment simultaneously as I participate in a treatment for another. This can be powerful and rewarding. If we are participating in these treatments we need to develop personally as well.

Contributing to the common good by treating others can be as exhausting as it is rewarding. Be patient; take it easy. When people work in high vibrational realms it is common to move too fast resulting in loss of health: physically, emotionally, and / or mentally.

Heart of God Treatment

"I call for this room to filled with Love and Light and only Love and Light. I call for only the highest good for all to manifest during this treatment. I Call on the AES Guides to oversee this treatment." (Try calling on your guides, higher aspects of yourself, members of you spiritual family, any Ascended Masters, or Metatron. Feel free to call on any of the Archangels or higher beings you feel comfortable with.) There is no need to follow my prayer preference above; at this point I am sure you have your own prayer preferences.

More and more I am drawn to begin with grounding in many treatments. Go with Focus at the root chakra, the knees, the feet, and then the Earth chakra. The Earth energies may come up to help with this grounding. I love Gaia and working with the Earth energies. This is also preparation for the Godhead Treatment.

Step back from the person laying on a massage table or bed. With hands facing the person, visualize Heart of God centered at the person's heart area or the center of their body. Initiate the intent for the energy to flow. Remember to breathe. The intent is to clear the person's energy field. See the symbol rotate or do whatever it is going to do. The energy has its own consciousness / intelligence. Just hold the energy / visualize the symbol. Listen to the AES Guides or other light beings, they will guide us if we listen to them.

Often the Heart of God symbol will increase or decrease in size. It will speed up during the rotation as the symbol breaks up and neutralizes the detrimental, impacted energies. You may see the Heart of God energy break up impacted energy and neutralize it simultaneously. If you are called to, use the violet transmuting flame.

Sitting down, away from the person, while holding the energy, may be helpful if the energy becomes too strong to stand. As Heart of God rotates, centered at the heart or centered at the middle of the body, it will take on a life of its own. The symbol may expand greatly in size, much larger than a room.

If you begin to enter higher dimensions for clearing of the higher aspects of the person receiving the treatment, I suggest sitting down with your hands at the sides of their head. Whenever traveling into the higher dimensions / Cities of Light with another during a treatment, I stay close to them; I assume responsibility to bring them back into their body. Minimize any pressure with your hands touching their head to not interrupt the person's experiences. This is high level work; people don't accomplish this level without grace, dedication, and love.

After the clearing, place a hand at the top of the head, just over the head, and the other hand just over the heart. Have the intent to strengthen the heart / mind connection. Congruency of the heart and mind is so important in spiritual development as well as happiness. Perhaps the heart and mind become the same organ as we evolve.

Next, move towards the heart of the person receiving the treatment. Place your hands over their heart and visualize the Heart of God symbol with the intent to upgrade and activate the person's heart torus. My suggestion is to take some time studying and visualizing the heart torus.

If you are adventurous, visualize your heart torus as well as the heart torus of the person you are working with. At this point, I suspect you are in the quantum field.

Try considering the heart torus as a gateway into the quantum field, as well as a dominant structure of the energy field. At this time in the treatment you may be in the Oneness of all. There may be specific frequencies of energy manifesting from the zero point energy of the quantum field, coming through you, to the person receiving the treatment. Just be present and let the energy flow. As a suggestion, finish up this treatment with a grounding using Focus as described above. You may see the Earth pulling in the Heart of God energy as well.

Additional Information

Introducing or discussing the heart torus probably brings up some emotions for many people. I suspect some people will be questioning this treatment in regards to the use of the heart torus. My suggestion is to step back from the AES and do some studying and visualizing of the heart torus if you choose to.

Keep in mind that visualizing Ascentia around your physical body will cleanse your energy field after participating in the treatment of another. This is a great way to not take on other's energies. Try using this regularly. Visualize Ascentia in three dimensions, perhaps in four dimensions - time included.

Every treatment is different. As long as I call in the love and light, the AES Guides, etc... all will be well. I try to not have expectations. I try to be teachable. I try to be humble and grateful.

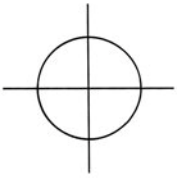
Keep in mind a person can self treat very easily with this treatment. Use visualization to work with the Heart of God symbol, etc...

This paper may seem like a lot of rambling, perhaps it is. But the point is to address so many paradigm shifts. In metaphysics, quite often, things are not what they seem to be.

Participating in a few of these treatments can be life changing. I feel so much gratitude for having experienced this.

Heart of God Treatment Diagram

Focus, Visualize on the Following Chakras / Energy Centers



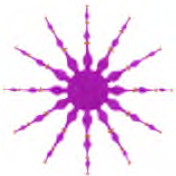
root chakra

knees

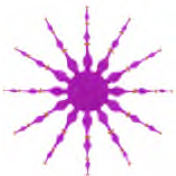
feet

Earth chakra

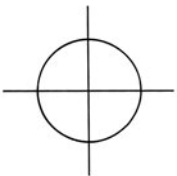
Heart of God, Step Back a Few Feet, Visualize Centered at the Heart, Channel the Energy



Heart of God, Hands over Head and Heart; Next, Hands Over Heart, Channel the Energy



Focus, Visualize on the Following Chakras / Energy Centers



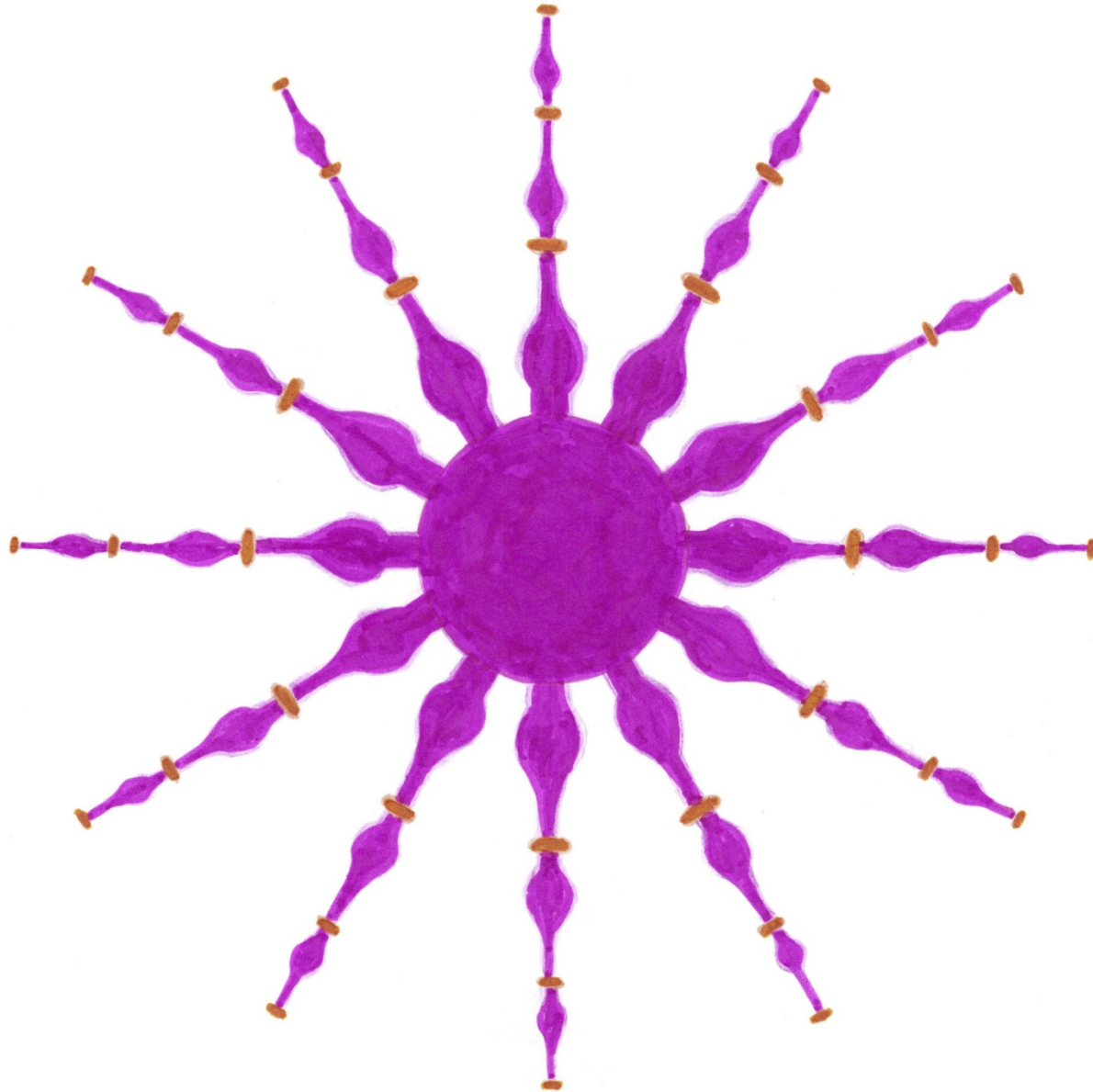
root chakra

knees

feet

Earth chakra

Heart of God



Heart Torus

